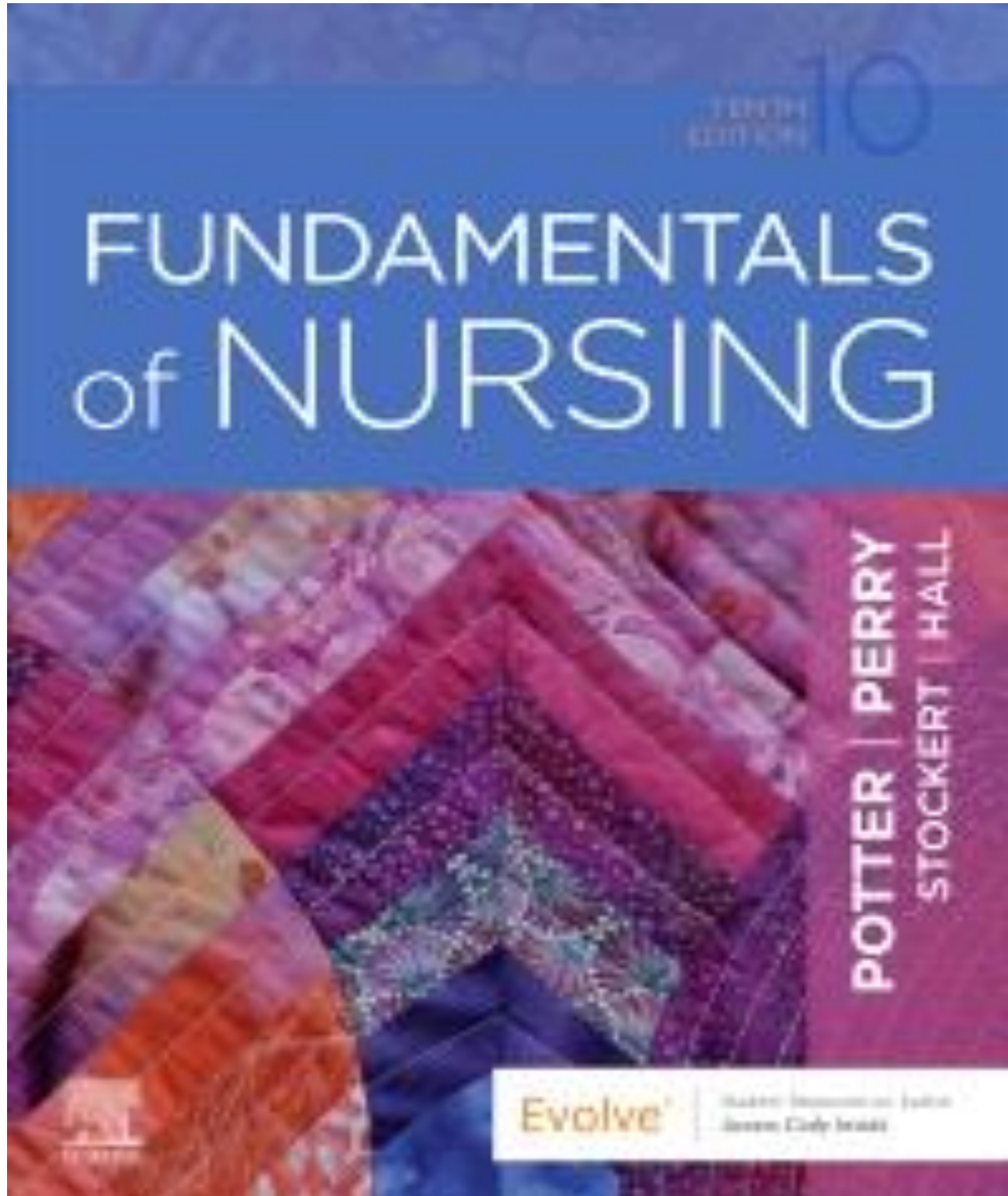


# TEST BANK



## Fundamentals of Nursing 10th Edition Potter Perry Test Bank

### Chapter 1. Nursing Today

#### MULTIPLE CHOICE

1. Contemporary nursing practice is based on knowledge generated through nursing theories. Florence Nightingales theory introduced the concept that nursing care focuses on:

1	Psychological needs
2	A maximal level of wellness
3	Health maintenance and restoration
4	Interpersonal interactions with the client

ANS: 3

Florence Nightingale believed the role of the nurse was to put the clients body in the best state in order to remain free of disease or to recover from disease.

Although Florence Nightingale may have addressed meeting the psychological needs of her clients, it is not the focus of her theory. The goal of Nightingales theory is to facilitate the bodys reparative processes by manipulating the clients environment.

Florence Nightingale thought the human body had reparative properties of its own if it was cared for in a way to recover from disease. Her theory did not focus on achieving a maximal level of wellness.

Florence Nightingale believed the nurse was in charge of the clients health. Although she interacted with her clients by reading to them, her theory of nursing care did not focus upon interpersonal interactions.

DIF: A REF: 2 OBJ: Knowledge

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

2. Nursing education programs in the United States may seek voluntary accreditation by the appropriate accrediting commission council of the:

1	National League for Nursing
2	American Nurses Association
3	Congress for Nursing Practice
4	International Council of Nurses

ANS: 1

The National League for Nursing (NLN) is the professional nursing organization concerned with nursing education. The NLN provides accreditation to nursing programs that seek and meet the NLN accreditation requirements.

The American Nurses Association (ANA) is concerned with the nursing profession and issues affecting health care, including standards of care.

The Congress for Nursing Practice is the part of the ANA concerned with determining the legal aspects of nursing practice, the public recognition of the importance of nursing, and the impact of trends in health care on nursing practice.

The International Council of Nurses (ICN) is concerned about issues of health care and the nursing profession, including the provision of an international power base for nurses.

DIF: A REF: 8 OBJ: Knowledge

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

3. The minimum educational requirement for a nurse practitioner is:

1	Diploma in nursing
2	Masters in nursing
3	Doctorate in nursing
4	Baccalaureate in nursing

ANS: 2

A masters degree in nursing is required to become a nurse practitioner.

Diploma programs in nursing require 3 years of education after which the graduate may become a registered nurse, but not a nurse practitioner.

Doctoral programs focus on the application of research findings to clinical practice. The doctoral degree is beyond the masters degree.

The baccalaureate degree program generally requires 4 years of study in a college or university, after which the graduate may become a registered nurse, not a nurse practitioner.

DIF: A REF: 8 OBJ: Knowledge

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

4. A group that lobbies at the state and federal level for advancement of nursing's role, economic interest, and health care is the:

1	State Board of Nursing
2	American Nurses Association
3	American Hospital Association
4	National Student Nurses Association

ANS: 2

The American Nurses Association (ANA) hires lobbyists at the state and federal level to promote the advancement of health care and the economic and general welfare of nurses.

State Boards of Nursing primarily focus on licensure of nurses within their own state.

The American Hospital Association does not focus on nurses' economic issues and the advancement of the role of nurses.

The National Student Nurses Association focuses on issues of importance for nursing students.

DIF: A REF: 8 OBJ: Comprehension

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

5. A nurse moves from Seattle to Boston and begins working in a hospital. The most important factor for the nurse to consider when moving to another state is the:

1	Massachusetts Nurse Practice Act
2	Standard for nursing practice in Boston
3	Clinical ladder of mobility in the new hospital
4	Requirement for continuing education units (CEU) in Massachusetts

ANS: 1

Although most states have similar practice acts, each individual state has its own Nurse Practice Act that regulates the licensure and practice of nursing within that state. Knowledge of the Nurse Practice Act is necessary to provide safe and legal nursing care.

Standards of nursing practice are not specific to a city, but rather to the profession itself.

Although the clinical ladder of mobility may be of interest in regard to professional advancement, it is not the most important factor when practicing nursing in another state.

Knowledge of the Nurse Practice Act in order to provide safe and legal nursing care is of higher importance.

Regardless of where a nurse practices, the nurse should strive to remain current.

DIF: C REF: 8 OBJ: Analysis

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

6. A nurse is caring for a client who has chronic renal failure. The nurse states, We will do everything possible to return you to the optimum level of self-care possible. In coordinating an approach to best meet the needs of this client, the nurse is fulfilling the role of:

1	Manager
2	Educator
3	Counselor
4	Communicator

ANS: 1

The nurse, in caring for this client, will coordinate the activities of other members of the health care team. This client may require the assistance of a nursing assistant to provide personal care until the client is less fatigued. A nutritionist may be necessary for diet evaluation, planning, and teaching. A nurse may provide education on the dialysis therapy and perform the skill necessary until the client is able to do so independently.

The nurse may include patient teaching in the clients care, but more is required to meet the needs of this client.

The nurse is not performing in the role of counselor.

Clear communication will be necessary for the client to understand self-care measures regarding dialysis. The role of communicator does not, however, entirely meet the clients physical needs at this time.

DIF: A REF: 10 OBJ: Comprehension

TOP: Nursing Process: Planning

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

7. Nurses have the opportunity to work in a wide variety of health care agencies around the world. The practice setting where the majority of nurses continue to work is:

1	Acute care
2	Home care
3	Long-term care
4	Ambulatory care

ANS: 1

Most nurses provide direct client care in the hospital setting.

Although opportunities for providing patient care in the clients home are increasing, the majority of nurses are not employed in this setting.

The majority of nurses do not work in nursing homes or extended care settings.

Significantly fewer nurses work in an ambulatory care setting.

DIF: A REF: 10 OBJ: Knowledge

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

8. A client is receiving Dilantin to prevent seizure activity. To which allied health care professional should the nurse refer this client in order to minimize the challenges this condition creates?

1	Physical therapist
2	Physicians assistant
3	Respiratory therapist
4	Occupational therapist

ANS: 4

An occupational therapist is a person who provides assessment and intervention to ameliorate physical and psychological deficits that interfere with the performance of activities and tasks of living, including ones employment.

A physical therapist is responsible for the patients musculoskeletal system. A physical therapist may use exercises as an intervention to improve a clients mobility.

A respiratory therapist provides treatment to preserve or improve pulmonary function.  
A physicians assistant performs tasks usually done by physicians and works under the direction of a supervising physician.

DIF: C OBJ: Analysis TOP: Nursing Process: Planning

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

9. The Goldmark Report concluded that:

1	Nursing roles and responsibilities required clarification
2	A theory-based curriculum was necessary for accreditation
3	Nursing education programs must be affiliated with universities
4	Increased financial support should be provided for nursing education

ANS: 4

In 1923 the Goldmark Report identified the need for increased financial support to university-based schools of nursing.

The National Commission on Nursing and Nursing Education Report of 1965 recommended that nursing roles and responsibilities be clarified in relation to other health care professionals.

In 1975 the National League for Nursing required theory-based curriculum for accreditation.

The Brown Report of 1948 concluded that all nursing education programs should be affiliated with universities and should have their own budgets.

DIF: A REF: 3 OBJ: Knowledge

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

10. In 1893 Lillian Wald and Mary Brewster made significant contributions to the nursing profession through their work involving the:

1	Henry Street Settlement in New York
2	First training school in Toronto, Canada
3	Training school at Johns Hopkins in Baltimore
4	Development of the <i>American Journal of Nursing</i>

ANS: 1

In 1893 Lillian Wald and Mary Brewster opened the Henry Street Settlement, which was the first community health service for the poor.

The first nurses training school in Canada was founded in St. Catherines, Ontario, in 1874.

In 1894 Isabel Hampton Robb was the first superintendent of the Johns Hopkins Training School in Baltimore, Maryland.

Isabel Hampton Robb was one of the original founders of the *American Journal of Nursing*.

DIF: A REF: 3 OBJ: Comprehension

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

11. To obtain a certification in a specialty area, the nurse will have to complete:

1	A request for state approval
2	A graduate degree in nursing
3	An examination and the minimum practice requirements
4	A general examination given to all nurses seeking certification

ANS: 3

Set minimum practice requirements are based on the certification the nurse is seeking. After passing the initial examination, the nurse maintains certification by ongoing continuing education and clinical or administrative practice.

Individual states do not grant certification by request. Certification in a specialty area requires passing the examination for certification in that area and meeting minimum practice requirements.

A masters degree in nursing is not required for certification in a specialty area.

A specialized examination is given according to the specific area of nursing practice in which certification is being sought.

DIF: A REF: 9 OBJ: Knowledge

TOP: Nursing Process: Assessment

MSC: NCLEX test plan designation: Safe, Effective Care Environment/Coordinated Care

12. In the ANA Standards of Professional Performance, which one of the following is a specific measurement criterion for The nurses decisions and actions on behalf of clients are determined in an ethical manner?

1	Acts as client advocate
2	Participates in the collection of client data
3	Seeks experiences to maintain clinical skills
4	Consults with appropriate health care providers

ANS: 1

As a client advocate, the nurse protects the clients human and legal rights and provides assistance in asserting those rights if the need arises. Performing in the role of patient advocate fulfills a measurement criterion for the professional performance standard of ethics.

Participating in data collection is a measurement criterion for the professional performance standard of quality of practice.

The nurse who seeks experiences to maintain clinical skills is fulfilling a measurement criterion for the professional performance standard of education.

Consulting with health care providers is a measurement criterion for the professional performance standard of collaboration.