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FUNDAMENTALS

NINTH EDITION

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01: Nursing Today

Chapter 01: Nursing Today Potter et al.: Fundamentals of Nursing, 9th Edition MULTIPLE CHOICE

1. Which nurse **most** likely kept records on sanitation techniques and the effects on health?

a.	Florence Nightingale
b.	Mary Nutting
с.	Clara Barton
d.	Lillian Wald

ANS: A

Nightingale was the first practicing nurse epidemiologist. Her statistical analyses connected poor

17 sanitation with cholera and dysentery. Mary Nutting, Clara Barton, and Lillian Wald came after Nightingale, each contributing to the nursing profession in her own way. Mary Nutting was instrumental in moving nursing education into universities. Clara Barton founded the American Red Cross. Lillian Wald helped open the Henry Street Settlement.

DIF:Understand (comprehension)REF:5

OBJ: Discuss the influence of social, historical, political, and economic changes on nursing practices. TOP: Evaluation MSC: Health Promotion and Maintenance

The nurse prescribes strategies and alternatives to attain expected outcome. Which standard of nursing practice is the nurse following?

34	a.	Assessment
	b.	Diagnosis
	с.	Planning

Implementation

ANS: C

In planning, the registered nurse develops a plan that prescribes strategies and alternatives to attain expected outcomes. During assessment, the registered nurse collects comprehensive data pertinent to the patient's health and/or the situation. In diagnosis, the registered nurse analyzes the assessment data to determine the diagnoses or issues. During implementation, the registered nurse implements (carries out) the identified plan.

DIF:Understand (comprehension)REF:2

OBJ: Discuss the development of professional nursing roles. TOP: Planning

17MSC:Management of Care

23 An experienced medical-surgical nurse chooses to work in obstetrics. Which level of proficiency is the nurse upon initial transition to the obstetrical floor?

a.	Novice	
b.	Proficient	
c.	Competent	
34 d.	Advanced beginner	

ANS: A

A beginning nursing student or any nurse entering a situation in which there is no previous level of experience (e.g., an experienced operating room nurse chooses to now practice in home health) is an example of a novice nurse. A proficient nurse perceives a patient's clinical situation as a whole, is able to assess an entire situation, and can readily transfer knowledge gained from multiple previous experiences to a situation. A competent nurse understands the organization and specific care required by the type of patients (e.g., surgical, oncology, or orthopedic patients). This nurse is a competent practitioner who is able to anticipate nursing care and establish long-

d.

range goals. A nurse who has had some level of experience with the situation is an advanced beginner. This experience may only

be observational in nature, but the nurse is able to identify meaningful aspects or principles of nursing care.

DIF: Apply (application) REF:2

OBJ: Discuss the development of professional nursing roles. TOP: Evaluation

MSC:Management of Care

23A nurse assesses a patient's fluid status and decides that the patient needs to drink more fluids. The nurse then encourages the patient to drink more fluids. Which concept is the nurse demonstrating?

a.	Licensure	
b.	Autonomy	
с.	Certification	
d.	Accountability	

ANS: B

Autonomy is an essential element of professional nursing that involves the initiation of 34independent nursing interventions without medical orders. To obtain licensure in the United States, the RN candidate must pass the NCLEX-RN®. Beyond the NCLEX-RN®, the nurse may choose to work toward certification in a specific area of nursing practice. Accountability means that you are responsible, professionally and legally, for the type and quality of nursing care provided.

DIF:Apply (application)REF:3

OBJ: Discuss the roles and career opportunities for nurses. TOP: Implementation

MSC:Management of Care

23 A nurse prepares the budget and policies for an intensive care unit. Which role is the nurse implementing?

Educator