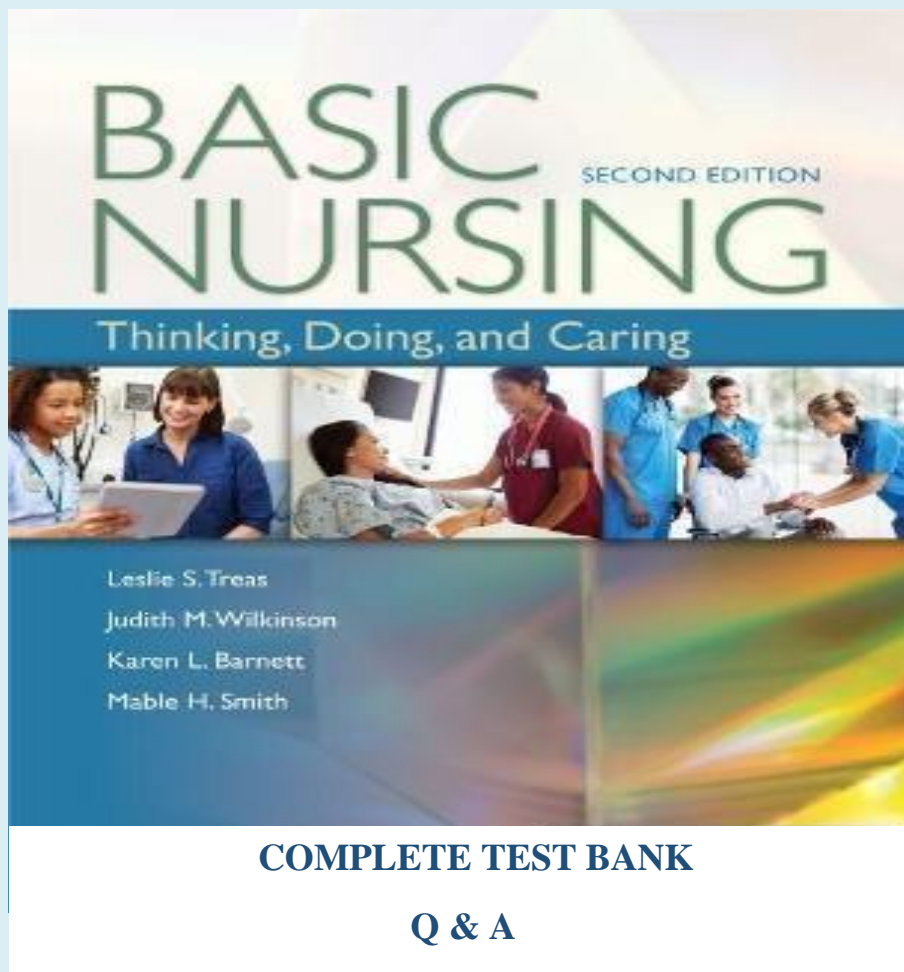


# TEST BANK

**BASIC NURSING:  
Thinking, Doing, and Caring  
2<sup>ND</sup> EDITION BY TREAS**



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## Chapter 1. Nursing Past & Present

### MULTIPLE CHOICE

1. Which is the most influential factor that has shaped the nursing profession?
  - 1) Physicians' need for handmaidens
  - 2) Societal need for healthcare outside the home
  - 3) Military demand for nurses in the field
  - 4) Germ theory influence on sanitation

ANS: 3

Chapter number and title: 1, Nursing Past & Present

Chapter learning objective: Define *nursing* in your own words.

Chapter page reference: p. 7

Heading: Historical Context of Nursing

Integrated Processes: Teaching and Learning

Client Need: Safe and Effective Care Environment: Management of Care

Cognitive level: Comprehension [Understanding]

Concept: Professionalism

Difficulty: Easy

	Feedback
1	The physician's handmaiden was/is a nursing stereotype rather than an influence on nursing.
2	Although there has been a need for healthcare outside the home throughout history, this has more influence on the development of hospitals than on nursing; this need provided one more setting for nursing work.
3	Throughout the centuries, stability of the government has been related to the success of the military to protect or extend its domain. As the survival and well-being of soldiers are both critical, nurses provided healthcare to the sick and injured at the battle site.
4	Germ theory and sanitation helped to improve healthcare but did not shape nursing.

PTS: 1

CON: Professionalism

2. Which is an example of an illness-prevention activity?
  - 1) Encouraging the use of a food diary
  - 2) Joining a cancer support group
  - 3) Administering immunization for HPV
  - 4) Teaching a diabetic patient about his diet

ANS: 3

Chapter number and title: 1, Nursing Past & Present

Chapter learning objective: Name and recognize the four purposes of nursing care.

Chapter page reference: p. 15

Heading: Nursing Practice: Caring for Clients

Integrated Processes: Nursing Process – Implementation

Client Need: Health Promotion and Maintenance

Cognitive level: Application [Applying]

Concept: Health Promotion

Difficulty: Moderate

	Feedback
1	Illness-prevention activities focus on avoiding a specific disease. A food diary is a health-promotion activity.
2	Although cancer is a disease, it is assumed that a person joining a support group would already have the disease; therefore, this is not disease prevention but treatment.
3	Administering immunization for HPV is an example of illness prevention.
4	Teaching a diabetic patient about diet is a treatment for diabetes; the patient already has diabetes, so it cannot prevent diabetes.

PTS: 1

CON: Health Promotion

3. Which contribution of Florence Nightingale had an immediate impact on improving patients' health?
- 1) Providing a clean environment
  - 2) Improving nursing education
  - 3) Changing the delivery of care in hospitals
  - 4) Establishing nursing as a distinct profession

ANS: 1

Chapter number and title: 1, Nursing Past & Present

Chapter learning objective: Name nine expanded roles for nursing.

Chapter page reference: p. 9

Heading: Table 1-1 Roles and Functions of the Nurse

Integrated Processes: Caring

Client Need: Health Promotion and Maintenance

Cognitive level: Comprehension [Understanding]

Concept: Evidence-Based Practice

Difficulty: Easy

	Feedback
1	Improved sanitation (a clean environment) greatly and immediately reduced the rate of infection and mortality in hospitals.
2	This is an activity of Florence Nightingale that improved healthcare or nursing, but the impact is long range, not immediate.
3	This is an activity of Florence Nightingale that improved healthcare or nursing, but the impact is long range, not immediate.
4	This is an activity of Florence Nightingale that improved healthcare or nursing, but the impact is long range, not immediate.

PTS: 1

CON: Evidence-Based Practice

4. Which aspect of the full-spectrum nursing role is essential for the nurse to do in order to successfully carry out all the others?
- 1) Thinking and reasoning about the client's care
  - 2) Providing hands-on client care
  - 3) Carrying out physician orders

## 4) Delegating to assistive personnel

ANS: 1

Chapter number and title: 1, Nursing Past &amp; Present

Chapter learning objective: Name and recognize the four purposes of nursing care.

Chapter page reference: p. 8

Heading: Nursing Today: Full-Spectrum Nursing

Integrated Processes: Nursing Process

Client Need: Safe and Effective Care Environment: Management of Care

Cognitive level: Analysis [Analyzing]

Concept: Patient-Centered Care

Difficulty: Difficult

	Feedback
1	A substantial portion of the nursing role involves using clinical judgment, critical thinking, and problem solving, which directly affect the care the client will actually receive.
2	Providing hands-on care is important; however, clinical judgment, critical thinking, and problem-solving are essential to do it successfully.
3	Carrying out physician orders is a small part of a nurse's role; it, too, requires nursing assessment, planning, intervention, and evaluation.
4	Many simple nursing tasks are being delegated to nursing assistive personnel; delegation requires careful analysis of patient status and the appropriateness of support personnel to deliver care.

PTS: 1

CON: Patient-Centered Care

5. Which statement pertaining to Benner's practice model for clinical competence is true?
- 1) Progression through the stages is constant, with most nurses reaching the proficient stage.
  - 2) Progression through the stages involves continual development of thinking and technical skills.
  - 3) The nurse must have experience in many areas before being considered an expert.
  - 4) The nurse's progress through the stages is determined by years of experience and skills.

ANS: 2

Chapter number and title: 1, Nursing Past &amp; Present

Chapter learning objective: Discuss the transitions nursing education has undergone in the last century.

Chapter page reference: p. 12

Heading: Benner's Model

Integrated Processes: Caring

Client Need: Safe and Effective Care Environment: Management of Care

Cognitive level: Comprehension [Understanding]

Concept: Evidence-Based Practice

Difficulty: Easy

	Feedback
1	Movement through the stages is not constant.
2	Benner's model is based on integration of knowledge, technical skill, and intuition in the development of clinical wisdom.

3	The model does not mention experience in many areas.
4	The model does not mention years of experience.

PTS: 1                      CON: Evidence-Based Care

6. Which best explains why it is difficult for the profession to develop a definition of *nursing*?
- 1) There are too many different and conflicting images of nurses.
  - 2) There are constant changes in healthcare and the activities of nurses.
  - 3) There is disagreement among the different nursing organizations.
  - 4) There are different education pathways and levels of practice.

ANS: 2

Chapter number and title: 1, Nursing Past & Present

Chapter learning objective: Discuss the transitions that nursing education has undergone in the last century.

Chapter page reference: p. 8

Heading: How Is Nursing Defined?

Integrated Processes: Caring

Client Need: Safe and Effective Care Environment: Management of Care

Cognitive level: Analysis [Analyzing]

Concept: Professionalism

Difficulty: Difficult

	Feedback
1	The conflicting images of nursing make it more important to develop a definition; they may also make it more difficult but not to the extent that constant change does.
2	Healthcare is constantly changing and with it come changes in where, how, and what nursing care is delivered. Constant changes make it difficult to develop a definition.
3	Although different nursing organizations have different definitions, they are similar in most ways.
4	The different education pathways affect entry into practice, not the definition of nursing.

PTS: 1                      CON: Professionalism

7. Nurses have the potential to be very influential in shaping healthcare policy. Which factor contributes most to nurses' influence?
- 1) Nurses are the largest health professional group.
  - 2) Nurses have a long history of serving the public.
  - 3) Nurses have achieved some independence from physicians in recent years.
  - 4) Political involvement has helped refute negative images portrayed in the media.

ANS: 1

Chapter number and title: 1, Nursing Past & Present

Chapter learning objective: Discuss issues related to healthcare reform.

Chapter page reference: p. 24

Heading: Influence of Nurses on Health Policy

Integrated Processes: Caring

Client Need: Safe and Effective Care Environment: Management of Care

Cognitive level: Comprehension [Understanding]

Concept: Health Care System

Difficulty: Easy

	Feedback
1	Nurses are trusted professionals and the largest health professional group. As such, they have political power to effect changes. If nursing were a small group, there would be little potential for power in shaping policies, even if all the other answers were true.
2	Serving the public, although positive, does not necessarily help nurses to be influential in establishing health policy.
3	Independence from physicians, although positive, does not necessarily make nurses influential in establishing healthcare policy.
4	Refuting negative media, although positive, does not necessarily make nurses influential in establishing healthcare policy.

PTS: 1

CON: Health Care System

8. Nursing was described as a distinct occupation in the sacred books of which faith?
- 1) Buddhism
  - 2) Christianity
  - 3) Hinduism
  - 4) Judaism

ANS: 3

Chapter number and title: 1, Nursing Past & Present

Chapter learning objective: Discuss the transitions that nursing education has undergone in the last century.

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Chapter page reference: p. 6

Heading: Historical Context of Nursing

Integrated Processes: Caring

Client Need: Safe and Effective Care Environment: Management of Care

Cognitive level: Knowledge [Remembering]

Concept: Professionalism

Difficulty: Easy

	Feedback
1	Nursing was not described as a distinct occupation in the sacred books of Buddhism.
2	Nursing was not described as a distinct occupation in the sacred books of Christianity.
3	The Vedas, the sacred books of the Hindu faith, described Indian healthcare practices and were the earliest writings of a distinct nursing occupation.
4	Nursing was not described as a distinct occupation in the sacred books of Judaism.

PTS: 1

CON: Professionalism

9. Which individual established the American Red Cross?
- 1) Louisa May Alcott
  - 2) Clara Barton